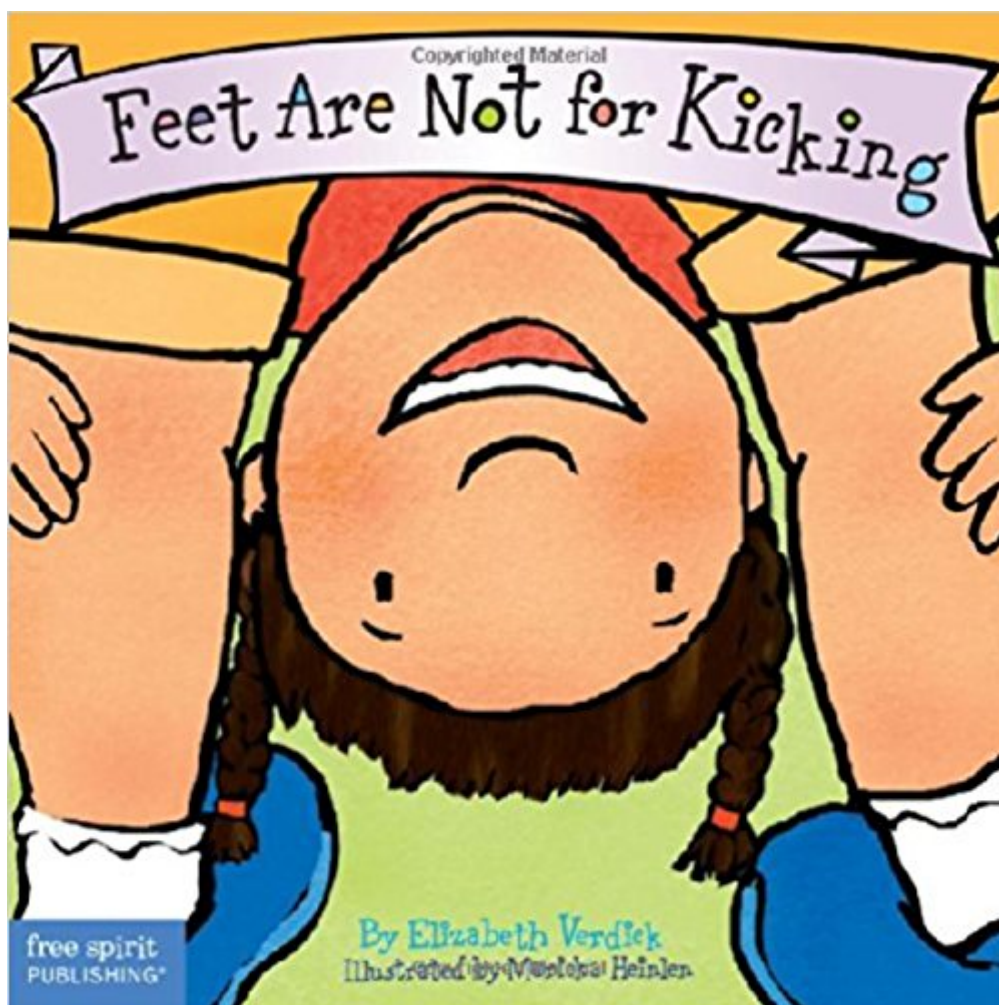


The book was found

# Feet Are Not For Kicking (Board Book) (Best Behavior Series)



## Synopsis

"Look at those feet! Aren't they sweet? Yes when they're walking, standing, leaping and landing. And when they're kicking balls or leaves. But not when they're kicking people! In simple words and charming full-color illustrations, this book helps little ones learn to use their feet for fun, not in anger or frustration. It also includes tips for parents and caregivers on how to help toddlers be sweet with their feet.

## Book Information

Age Range: 1 - 4 years

Series: Best Behavior Series

Board book: 24 pages

Publisher: Free Spirit Publishing (September 15, 2004)

Language: English

ISBN-10: 1575421585

ISBN-13: 978-1575421582

Product Dimensions: 7 x 0.6 x 7 inches

Shipping Weight: 8.8 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 134 customer reviews

Best Sellers Rank: #4,871 in Books (See Top 100 in Books) #31 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Manners #81 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Emotions & Feelings #135 in Books > Children's Books > Early Learning > Basic Concepts

## Customer Reviews

PreS While the opening lines "Look at those feet! Aren't they sweet?" promise an upbeat concept book, this companion to *Teeth Are Not for Biting* (2003) and *Words Are Not for Hurting* (2004, both Free Spirit) quickly turns didactic. After covering what feet are used for (walking, standing, leaping, landing, etc.), the text states, "Feet are not for kicking people. Ouch! Kicking hurts." Suggestions follow for what can be kicked (balls, leaves) and what to do if kicked. The colorful, bold illustrations featuring multiethnic children strain to make this instructive guide lighthearted and lively, but they don't succeed. Andrea Tarr, Corona Public Library, CA

"It's not always an easy feat to teach little ones about morals and the difference between right and

wrong. But great news for you author Elizabeth Verdick is her to help you..."

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One thing I can say about our little man is that generally, kicking isn't something he does often. Outside of members of this household, the only person he's ever actually tried to kick was an orthodontist we were seeing for our daughter shortly after his dental procedure. But he does from time to time try to use his feet to "push" people off the couch for example, if he wants it all to himself. It's not exactly a kicking motion, but because he's using his feet, we're labeling it as such. So I bought this book for kindle to support the push we're making to have him communicate these urges on his device, etc. I like that the illustrations in this book make it clear that the kicked person is hurt, because for our son, who has Autism among other things, he actually really doesn't want to hurt people, and unless the emotions are drawn very clearly, he doesn't always make that connection. And I really like that it emphasizes the why on it a couple of times, because again, for him, unless he understands the why, he's not so likely to cooperate with what you're asking him to do. He's a good little guy working through some big challenges, so while we in this household know he's doing the best he can, we're always on the journey to help him continue to move forward. This book does give a number of positive options for kicking, most of which to be honest aren't really things he enjoys doing, but again, for him, with the exception of the orthodontist, it's not true kicking he's doing by and large, we're just trying to support that you don't do any kind of harming with your feet period, and I think this book is good for that. If there was any one thing I would want to see would be an emphasis on communicating about the emotions rather than kicking, because in general, when a young child kicks, whether they have special needs or not, usually they are feeling some form of emotion that they are acting out upon and are struggling to express rather than simply trying to hurt someone. So I think an important piece to helping eliminate this behavior is targeting why the child is doing it, as in what they are trying to communicate, and give them less harmful strategies for meeting that need. For example for our son, he's feeling "I need my space and you're too close" or "I don't want you to come near me right now," and helping him to understand he can get the same results by using his computer to tell us without hurting anybody and it will be better received by those who he cares about is important, albeit challenging because the push with the feet I think feels much easier and quicker to him much of the time. I feel like this would have been a stronger book if it included a page or two about helping a child express the reason behind the kick more

constructively. Because usually, I think, that kick is for a child an easier way of being "heard", so the trick is helping them find the way that gets them heard with the best results for them (heard and not punished for kicking) and whoever they're trying to kick (saved a bruised shin!).

This is a very simple book that I found when I went looking for solutions to my youngest child's misbehavior in daycare. Not quite 2 years old, with a pretty limited vocabulary, she began taking out her frustrations on others by hitting, kicking, and biting. We used several methods to help curb the behavior and this set of books was just one tool in our toolbox. We sat each night and read all three books; "Feet Are Not for Kicking", "Hands Are Not for Hitting", "Teeth Are Not for Biting". The books are very well written with repetition and recommendations for what is appropriate behavior, ie. hands teeth are for eating, hands are for holding. There is also a page at the end of each book with suggestions for parents.

This is a great book for toddlers and children. My toddler son LOVES books and has had a little issue at daycare with being a little aggressive, he's a big boy and so when he's aggressive then it's a bigger deal than when a smaller kid is aggressive. He's very sweet and gentle and nice but also a little moody at times (he must get that from his dad LOL!) Anyway, we ordered a small collection of board books to help him understand better ways to control his emotions and redirect that negative behavior into something positive. This book is great and I'm so happy that I got it for him. I love that it's a board book because it's easy for him to turn the pages and the book has simple words and offers positive choices for my toddler. This is a great addition to his library and I'm pleased that we have it!!

I got this because my 3 year old was hitting us constantly at home. It was written with a younger child in mind, as there were often one word per page, but she stopped hitting after only about a week after reading this book with her.

My granddaughter loves these board books by Elizabeth Verdick! I also purchased the Teeth are not for Biting, and Hands are not for Hitting. Great books!

These books are the greatest we own several from this collection and I couldn't be more pleased with how well our kids respond to these books!

This book is essential for every library! It is a nice, helpful reminder to our young kids on what is and isn't appropriate and why!

Behavior books are a great teaching tool for schools & at home.

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